

Table of Contents

| | |
|---|-----|
| <u>Section I: Some things we are and are not</u> | |
| Beautiful people and their less than beautiful critics | 25 |
| Too busy | 29 |
| Stupid | 33 |
| Not sure if other people think you're stupid | 37 |
| A sucker | 41 |
| Nice people | 45 |
| Sensitive People | 51 |
| Angry people | 59 |
| Bosses | 63 |
| Doctors | 67 |
| Salespeople | 73 |
| Stalkers | 79 |
| Freaked out by mimes and other oddballs | 83 |
| The nagging, picky woman | 87 |
| Women who give up their wild side and the men who watch them do it | 91 |
| Bored | 95 |
| <u>Section II: Some things we do and don't do</u> | |
| Dating | 101 |
| Hating your job | 105 |
| Buying anti-wrinkle creams | 107 |
| Yelling over spilt milk | 113 |
| Parenting | 117 |
| Doing someone a favor that they didn't ask of you and resenting them for not being more grateful | 123 |
| Don't do unto others as you would have them do unto you | 127 |
| Public smoking | 131 |
| Disappointed in politicians (and complain about it) | 133 |
| Letting your man drive | 135 |
| Entertaining yourself and others | 137 |
| Sexless Marriages (or nearly) | 141 |
| Voting | 149 |
| Worrying - a lot | 153 |
| Buying something because you want to be wanted | 159 |
| Buying something because sex does sell | 161 |
| Returning the stuff we buy | 165 |
| Thinking it's someone else's fault... | 169 |
| Dieting | 173 |
| Comparing books to movies | 179 |
| Waiting | 183 |
| Having high expectations | 187 |
| Massaging your partner hoping that it will lead to sex | 191 |
| <u>Section III: Some things we say and how we say them</u> | |
| "Don't take this personally, but..." | 195 |
| Trouble getting to the point | 199 |
| Repeating in a controlling way | 201 |
| "You're so lucky!" | 205 |
| Gossip | 207 |

| | |
|--|-----|
| “Why is there so much pain in the world?” | 211 |
| Asking the right questions | 215 |
| Your man says “I don’t know” about most of what you say to him when you argue | 221 |
| “I’ll try harder, be better, do more” | 223 |
| “I love you... oops, not really” | 229 |
| “There, but for the grace of God, go I” | 235 |
| “Grow up and get some perspective!” | 239 |
| <u>Appendices</u> | |
| Appendix to Stupid | 243 |
| Appendix to Angry people | 245 |
| Appendix to Bored | 249 |
| Appendix to Returning the stuff we buy | 251 |
| Fear of confrontation | 251 |
| Appendix to Dieting | 255 |